



# Singing a Dance

## CONFIDENCE SOARS



**RESPOND** to the emotional and physical feelings you have when you enjoy a lively dance or when you participate in creative movement exercises that portray a mood or tone. Reflect on times when you danced with great joy and a sense of freedom. Did it feel like you were floating through the air like a butterfly? Did the dance feel like your body was singing?



**CONNECT** the spontaneity of improvising a song, story, or dance with other ways you express ideas. What is the difference between preparing a script or lyrics in advance, versus improv which builds the performance spontaneously, reacting to what just occurred?



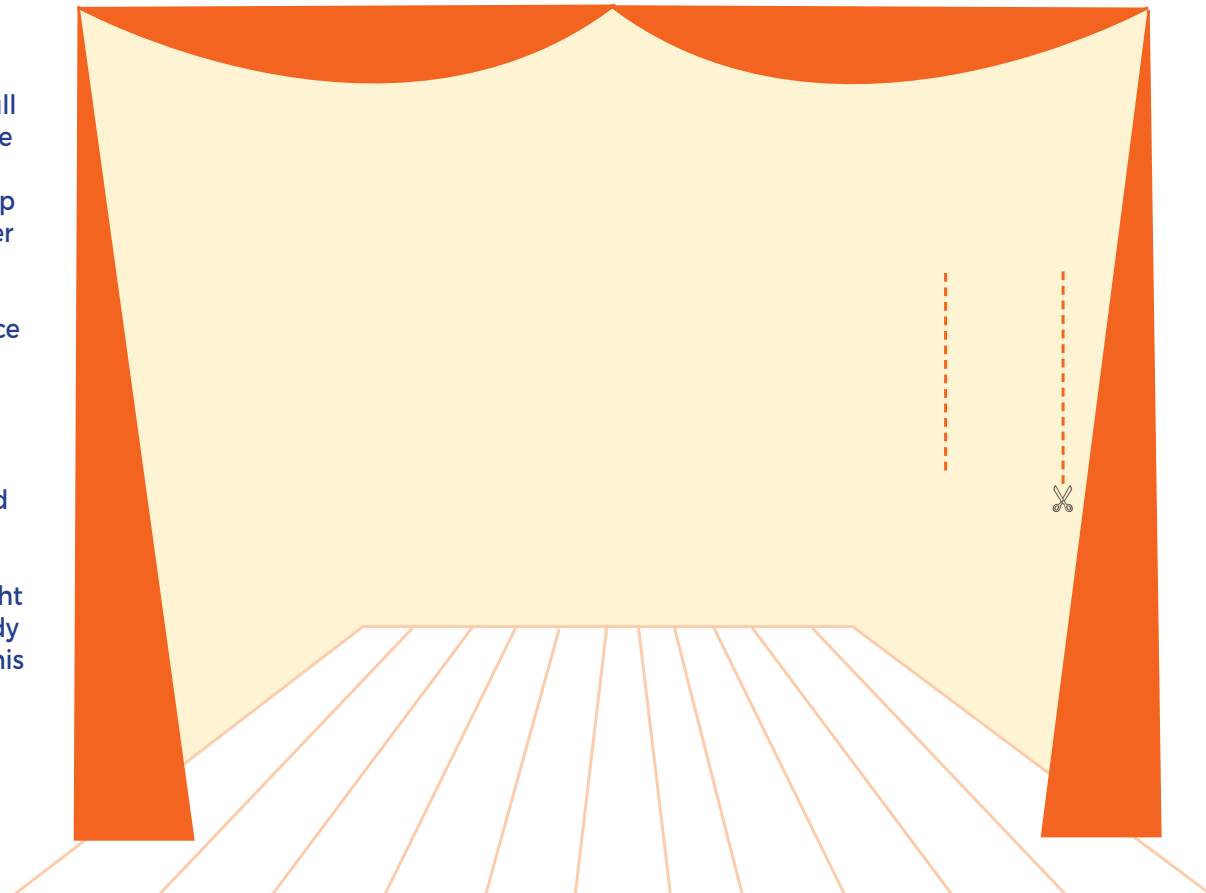
**CREATE** art that shows a dancer's body in motion. Start by sketching a character (yourself, Piper, or anyone) on a piece of plain paper. Cut out that dancer and also a small movement lever, which would be about a half inch wide and three inches long. Then tape the movement lever to the back of the dancer.

Cut two one-inch slits in this paper (use the dotted lines as a guide). Insert the loose end of the movement lever into the left slit and then pull it from the back and into the right slit to bring it to the front. Gently pull the lever up and down to see your dancer move. Your dancer might perform a soaring leap, a subtle sway, or with a bounce in their step.



**PRESENT** the dancing character and demonstrate the motion.

Discuss how the dancer might feel and what song their body might be singing. Perhaps this dance's song would be a lively/spirited tune, a sweet lullaby, a sad ballad, or a confident march. Consider how singing and dancing express emotions.



**Note for teachers and parents:**  
For more creative inspiration and hands-on explorations go to [Crayola.com/CreativityWeek](https://www.crayola.com/CreativityWeek)  
To share student artwork on social media please post using [#CrayolaCreativityWeek](https://twitter.com/CrayolaCreativityWeek)



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